

**2010**  
**Maurice Greene Developmental Track Meet**  
**May 1, 2010**

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**Center High School**  
**Kansas City, MO**



Sponsored by:



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## General Information

<b>GOVERNANCE</b>	The 2010 Maurice Green Developmental Meet will be conducted under the AAU code guidelines and follow competitive rules of the NGB as modified and outlined in the AAU Youth Athletics Handbook (available at <a href="http://www.aauathletics.org">www.aauathletics.org</a> ) This event is sanctioned by the Amateur Athletic Union of the US, Inc.
<b>ATHLETE ELIGIBILITY</b>	All athletes ages 5-14 are eligible to compete in this Meet.
<b>HOW TO ENTER</b>	All registrations will be conducted on-line at <a href="http://www.coacho.com">www.coacho.com</a> . Registration will close at <b>11:59PM CST on Saturday, April 24, 2010</b> . Additions and corrections can be made until the entry deadline. <b>NO CHANGES</b> can be accepted after the deadline. <b>ON-SITE &amp; LATE REGISTRATIONS ARE NOT AVAILABLE AT THIS MEET.</b>
<b>ENTRY FEE</b>	The entry fee is <b>\$15.00</b> . Entry fees <b>MUST</b> be paid on-line with a credit card to complete the registration process.
<b>AGE DIVISIONS</b>	Participants will be divided into seven (7) age divisions for boys and seven (7) age divisions for girls. <b>YEAR OF BIRTH</b> determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification.
<b>EVENT LIMITS</b>	All athletes may compete in two (2) running events and one (1) field event.
<b>TENTS &amp; CANOPIES</b>	Tents and canopies will be permitted in the bleachers in the top row of the bleachers only. Tents and canopies are permitted around the outside of the track in designated areas.
<b>FOOD AND DRINK</b>	There will be concessions available. Medium-sized coolers may be brought into the Stadium. No glass containers are permitted.
<b>GATE ADMISSIONS</b>	Athletes & Coaches: <b>FREE</b> <b>General Admission: \$2.00 (Ages 6 and up)</b>
<b>PARKING</b>	Parking in designated areas for Officials & Handicapped.
<b>RESTROOMS</b>	Stadium restroom facilities are located throughout the track and near the main entrance.
<b>INCLEMENT WEATHER</b>	The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.
<b>T-SHIRTS</b>	Maurice Green Developmental Meet T-Shirts will be on sale.
<b>CHECK-IN</b>	<b>Saturday, May 1, 2010 beginning at 6:00AM at the Track</b>
<b>REPORTING FOR EVENTS</b>	Coaches, parents, and athletes are fully responsible for athletes reporting to their events on time. This meet will be run on a rolling schedule.
<b>UNIFORMS</b>	There is no specific uniform required except as follows: <ol style="list-style-type: none"><li>1. All athletes must wear clothing that is clean and, in the opinion of the officials, in good taste. A jersey (top) must be worn by all competitors.</li><li>2. Shoes or foot coverings must be worn by all competitors.</li><li>3. Speed suits &amp; one-piece uniforms are acceptable as long as the chest area is covered.</li><li>4. Bare mid-riffs <i>are not</i> acceptable.</li></ol>
<b>SPIKES</b>	Only 1/4" spikes are allowed. Needle type spikes are prohibited. Athletes will not be allowed to compete with spikes that do not comply.
<b>AWARDS</b>	First through Sixth place finishers in each division and event will be awarded Medals.

	<p>Medals may be picked up 30 minutes after the results have been announced at the Awards Table.</p> <p><b><i>Coaches or parents are required to pick up all medals/ribbons</i></b></p>
<b>ACCESS TO TRACK AND INFIELD</b>	<p>Only the Meet Director, meet workers, and competing athletes will be allowed on the field. Any unauthorized individuals on the track, or in the field, may result in a disqualification of their athlete or team or ejection of the unauthorized individual from the meet.</p> <p><b><i>THIS RULE WILL BE STRICTLY ENFORCED.</i></b></p>
<b>WARM-UP AREA</b>	<p>Athletes may warm-up outside of the Stadium. No warm-ups will be allowed on the track.</p>
<b>COACHES MEETING</b>	<p>A Coaches' meeting will be held prior to the start of the Meet.</p>
<b>PROTESTS</b>	<p>Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been announced. A <b>\$50.00</b> cash deposit must accompany the protest. The Referee shall follow the 2010 AAU Athletics Handbook and the 200 USATF Rulebook in rendering his decision. When the Referee renders his decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final.</p> <p><b>IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.</b></p>
<b>IMPLEMENTS</b>	<p>All Shot Put and Discus implements to be used in competition will be either pooled from the competitors or provided by Meet Management.</p>
<b>RUNNING EVENTS</b>	<p>All Running Events will start at 11:00 AM. All events will be contested as <b>Timed Finals</b>.</p>
<b>FIELD EVENTS</b>	<p>All Field Events will be on a rolling schedule beginning at 10:30 AM</p>
<b>CLINICS</b>	<p>With Meet Registration, Athletes are eligible to participate in two (2) pre-Meet Clinics covering the following topics:</p> <ol style="list-style-type: none"> <li>1. Right from the Start (Correct usage of Starting Blocks)</li> <li>2. Just Getting Warmed Up (Drills for all athletes)</li> <li>3. Just Sprint (Improving Sprint Skills)</li> <li>4. Hurdles</li> <li>5. Long Jump Basics</li> <li>6. Intro to High Jump</li> <li>7. Throw It</li> <li>8. Going the Distance</li> </ol> <p>Coaches and/or Parents may also sign up to attend two (2) of the following:</p> <ul style="list-style-type: none"> <li>• Sports Injuries 101</li> <li>• Feeding the Athlete</li> <li>• Children &amp; Athletics</li> </ul> <p>Clinic entry is limited to the first 30 (thirty) participants registered in each clinic. Clinics will be taught by experienced Coaches &amp; Professionals.</p> <p>Athletes should indicate Clinic preference when registering in Coach O. Session 1 begins at 7:30 AM; Session 2 begins at 9:00</p>

## SCHEDULE OF EVENTS:

	Primary	Sub-Bantam	Bantam	Sub-Midget	Midget	Sub-Youth	Youth
<b>1500M Run</b>		x	x	x	x	x	x
<b>80M Hurdles</b>				x	x		
<b>100M Hurdles</b>						x	x
<b>100M Dash</b>	x	x	x	x	x	x	x
<b>400M Dash</b>	x	x	x	x	x	x	x
<b>800M Run</b>	x	x	x	x	x	x	x
<b>200M Dash</b>	x	x	x	x	x	x	x
<b>Shot Put</b>	x	x	x	x	x	x	x
<b>Discus</b>		x	x	x	x	x	x
<b>Long Jump</b>	x	x	x	x	x	x	x
<b>High Jump</b>		x	x	x	x	x	x